



Health and Wellness Benefit Option Election Form

Date: _____

Applicant/Member Name: _____
(Please Print First and Last Name)

Applicant/Member Birth Date: _____
(Month/Day/Year)

PHP (HMO SNP) members may select either a gym membership from **one** of the individual gyms/gym chains below, **OR** up to \$200 a benefit year for over-the-counter (OTC) pharmacy merchandise (non-prescription drug coverage) fulfilled by AHF Pharmacy for no cost. Please make your selection below. **Members may only choose one option.** See attachment for gym locations.

- Crunch** **Snap Fitness**
- LIV Fitness** **Youfit Health Clubs**

Over-the-counter (OTC) pharmacy merchandise
Limited to \$200 per benefit year. Members who choose the OTC option will order from a list of items such as vitamins, fiber supplements, first aid supplies, sunscreen, tooth brushes and pastes, cold medication, antacids, etc. Members who chose the OTC option will receive merchandise order forms with instructions from the plan. Members may place orders for items any dollar increment through the year up to the annual limit of \$200. Order forms and instructions are available on the plan's website at www.php-ga.org/for-members/otc.

Decline the Health and Wellness Benefit
Declining the benefit will not affect your eligibility for or membership in PHP. If you decline the benefit, you may change your decision anytime. Please call Member Services if you want to activate the benefit at (833) 267-6768 (TTY 711), 8:00 a.m. to 8:00 p.m., seven days a week.

Please read below and initial by each statement to indicate you have read and understand the terms of the program.

- _____ I understand that I may choose only one benefit option during the benefit year.
- _____ I understand that I may only change my Health and Wellness Benefit option selection once a benefit year from January 1 through January 15 or under certain special circumstances.
- _____ I understand that it may take 15 to 45 days for the processing of my Health and Wellness Benefit option selection.
- _____ I understand that PHP will contact me by mail with instructions or forms to activate the option I choose.
- _____ I understand that the Health and Wellness Benefit option that I select is only valid for and can only be used by me.
- _____ I understand that if I choose the gym membership option and I disenroll from the plan, my gym membership will terminate on the same day as my disenrollment effective date.

Applicant/Member Signature: _____

Address: _____
(Street Address, City, State, Zip)

Home Phone: _____ Alternate Phone: _____

PHP is an HMO plan with a Medicare contract. Enrollment in PHP depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits and copayments may change on January 1 of each year. PHP complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-833-267-6768 (TTY: 711). CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-833-267-6768 (TTY: 711).

If choosing the gym membership option, please refer to the list of gym locations below to help you choose a gym or gym chain whose locations are most convenient for you. Remember, you may only choose one membership from one of these gyms/gym chains. You may only change your benefit option selection, i.e., change gym/gym chain memberships, change from the OTC merchandise option to a gym membership, or change from a gym membership to the OTC merchandise option, once a benefit year from January 1 through January 15. If you need more information about these gyms/gym chains or their locations below, please visit their websites or call.



www.crunch.com
(888) 2-CRUNCH

DeKalb County

5508 Peachtree Blvd
Chamblee, GA 30341
Tel: (470) 359-4499

Fulton County

6000 Medlock Bridge Pkwy
Johns Creek, GA 30022
Tel: (770) 623-0304

4540 Olde Perimeter Way
Atlanta, GA 30346
Tel: (678) 273-3610



www.livfitness.us

Fulton County

1853 Memorial Drive SE
Atlanta, GA 30317
Tel: (404) 549-7767



www.snapfitness.com

DeKalb County

137 S McDonough St
Decatur, GA 30030
Tel: (678) 705-1439

1799 Briarcliff Rd NE
Atlanta, GA 30306
Tel: (404) 875-5656

Fulton County

245 N Highland Ave NE
Atlanta, GA 30307
Tel: (404) 584-9669

920 Glenwood Ave SE
#102
Atlanta, GA 30316
Tel: (404) 627-8000

1167 Lavista Rd NE
Atlanta, GA 30324
Tel: (404) 793-7398

Henry County

115 Fairview Rd
Ellenwood, GA 30294
Tel: (404) 996-1677



www.youfit.com

Clayton County

7531 GA-85
Riverdale, GA 30274
Tel: (770) 336-6010

Cobb County

3895 Cherokee St NW #100
Kennesaw, GA 30144
Tel: (678) 322-3500

Douglas County

9559 GA-5 #401
Douglasville, GA 30135
Tel: (678) 460-0495

Fulton County

935 North Point Dr
Alpharetta, GA 30022
Tel: (678) 781-1444

8725 Roswell Rd
Atlanta, GA 30350
Tel: (678) 533-0061

Gwinnett County

2855 Lawrenceville-Suwanee
Rd #500
Suwanee, GA 30024
Tel: (678) 745-3334

6000 Singleton Rd
Norcross, GA 30093
Tel: (678) 578-1255

3333 Buford Dr #1105C
Buford, GA 30519
Tel: (678) 315-1501

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