

## Rescriptor® [ree-SKRIP-tor] (delavirdine)



There are five classes of HIV medications (meds). They will not prevent or cure HIV. They limit how the virus makes copies of itself in your body. Rescriptor is in the class of meds called *non-nucleoside reverse transcriptase inhibitors* (NNRTIs or Non Nukes).

### Who Should Take Rescriptor?

Adults over the age of 16 can take Rescriptor.

Note: People who take Rescriptor should let their doctor or dentist know that before surgery

### How Is Rescriptor Taken?

Rescriptor comes in a pill. It is taken every 8 hours. It should be taken with a full glass of water. It can be taken with or without food.

Rescriptor pills can be dissolved in water if you cannot swallow pills. The pills and water should be mixed well. Drink the mix right away. Rinse the glass and swallow the rinse water so that you know you took the whole dose.

Rescriptor works better when you take it with other HIV meds.

A person with low levels of stomach acid may be told to take Rescriptor with a drink like orange or cranberry juice.

### Side Effects

It is common to have side effects when you start HIV treatment. Make sure your doctor knows about any allergies and side effects you have had to other meds. Your doctor may change the type and/or amount of your meds.

What are the common side effects of Rescriptor?

- A rash on the upper body and arms for the one to three weeks after you start this med
- Sick to your stomach or throw up
- Headache
- Loose stool
- Feel tired all the time

What are the more severe and rare side effects?

- A build up of fat between the shoulders, on the breasts and on the belly
- A loss of fat from the legs, buttocks, arms and face

Rescriptor can cause allergic reactions. See a doctor right away if you have any of these signs and they do not go away:

- Shortness of breath
- Face, tongue or lips are swollen and you have pain in your muscles or joints
- Heartbeat problems
- Chest pain

Take your HIV meds just how your doctor tells you. Do not miss any doses, even if you feel well. When the meds are in your body, they will help stop the HIV.

Bring all of your meds and any supplements to your doctor visits. A "Brown Bag Check-up" can also help your doctor keep your records up to date and help you get better quality care.

- Hives
- Severe rash with a fever
- Sores in your mouth
- Skin blisters

Always talk to your doctor before you stop any treatment they prescribe for you.

### **How Does Rescriptor Mix with Other Drugs?**

You and your doctor should know all the kinds of meds that you take. When you take two or more meds it can cause a bad *interaction*. This means that the meds do not mix well. This can lead to harmful side effects and hurt your treatment.



Talk to your doctor if you take meds to treat:

- Allergies
- Acid reflux or heartburn
- Heart disease
- Heartbeat problems
- Blood clots
- Bacterial infections
- Skin infections
- Migraines
- Seizures
- Anxiety
- Depression
- Problems with sex function

Make sure to talk with your doctor about other HIV meds that may not mix well.



#### **For more information**

Contact your Registered Nurse Care Manager, or call Positive Healthcare's Nurse Advice Line at: (800) 797-1717.

Visit the Medication Guide on the FDA website at: <http://www.fda.gov>

