

Videx and Videx EC®

[VY-dex Ee-see] (didanosine)



Videx EC 400mg

There are five classes of HIV (medications) meds. They will not prevent or cure HIV. They limit how the virus makes copies of itself in your body. Videx EC is in the class of meds called *nucleoside reverse transcriptase inhibitors* (NRTIs or Nukes).

There is a generic form of Videx EC.

Who Should Take Videx EC?

Both adults and children can take Videx EC.

People who have or have had these health problems should talk to their doctor before they start Videx EC:

- Heavy alcohol use
- Drug use
- Liver or kidney disease
- Gout
- Inflamed pancreas
- Crohn's disease, cystic fibrosis, diabetes, high cholesterol or liver or pancreas disease.
- Fingers or toes are numb or tingle
- Pregnant

How are Videx EC capsules Taken?

Videx EC is taken once a day.

Videx EC should be taken with no food in your stomach, either 30 minutes before or two hours after a meal. You should take it with a full glass of water.

Videx EC comes in long-acting capsules. These must be swallowed whole.

How is Videx liquid solution taken?

Videx is taken once or twice (every 12 hours) a day

Shake well before you take it. Use a special dose spoon or cup (not a household spoon) to measure the correct amount.

Two tablespoons of clear apple juice can be added to make it taste better. Do not use any other kind of juice. Drink all the mixture right away.

Side Effects

It is common to have side effects when you start HIV treatment. Make sure your doctor knows about any allergies and side effects you have had to other meds. Your doctor may change the type and/or amount of your meds.

What are the common side effects of Videx EC?

- Loose stool
- Stomach pain
- Upset stomach
- Headache
- Rash

Take your HIV treatment just how your doctor tells you. Do not miss any doses, even if you feel well. When the meds are in your body, they will help stop the HIV.

Bring all of your meds and any supplements to your doctor visits. A "Brown Bag Check-up" can also help your doctor keep your records up to date and help you get better quality care.

What are the more severe and rare side effects of Videx EC?

- Lactic acidosis. This is a build up of lactate in the blood.
- Liver problems. Signs are: sick to your stomach, throw up, stomach pain, feel weak or tired, shortness of breath and the skin or eyes turn yellow.
- Pancreas swells. Call a doctor right away if you feel sick to your stomach, have loose stool, throw up or have stomach pain.
- Changes in how the body stores fat

See a doctor right away if you: feel dizzy, light-headed or cold; have a fast or shaky heartbeat; shortness of breath; if you bruise or bleed in a strange way; or have flu-like symptoms.

Always talk to your doctor before you stop any treatment they prescribe for you.

How Does Videx EC Mix with Other Meds?

You and your doctor should know all the kinds of meds that you take. When you take two or more meds it can cause a bad *interaction*. This means that the meds do not mix well. This can lead to harmful side effects and hurt your treatment.



Talk to your doctor if you take meds to treat:

- Infections
- Fungus
- *Pneumocystis jiroveci (carinii)* pneumonia
- Tuberculosis
- Viral pneumonia
- Hepatitis C
- Acid reflux or heartburn
- High cholesterol

- High blood pressure
- Heartbeat problems
- Blood clots
- Cancer
- Leukemia
- Arthritis
- Gout
- Seizures
- Heroin withdrawal

There might be meds that don't mix well:

- Birth control pills. You need to use a second form of birth control (like condoms) when you use Videx EC.
- Vitamins with iron, kava or zinc
- Muscle relaxants
- Oral steroids
- Water pills
- Hormone treatment
- Immune system suppressors
- Aspirin and other pain killers
- Other HIV meds



For more information

Contact your Registered Nurse Care Manager, or call Positive Healthcare's Nurse Advice Line at: (800) 797-1717. Visit the Medication Guide on the FDA website at: <http://www.fda.gov>