



Health and Wellness Benefit Option Election Form

Date: _____

Applicant/Member Name: _____
(Please Print First and Last Name)

Applicant/Member Birth Date: _____
(Month/Day/Year)

PHP (HMO SNP) members may select either a gym membership from **one** of the individual gyms/gym chains below, **OR** up to \$200 a benefit year for over-the-counter (OTC) pharmacy merchandise (non-prescription drug coverage) fulfilled by AHF Pharmacy for no cost. Please make your selection below. **Members may only choose one option.** See attachment for gym locations.

- 24 Hour Fitness**
- Crunch**
- KOZone**
- LA Fitness / Esporta Fitness**
- Upload Fitness**
- Youfit**
- Zoo Health Club of Fort Lauderdale**

Over-the-counter (OTC) pharmacy merchandise
Limited to \$200 per benefit year. Members who choose the OTC option will order from a list of items such as vitamins, fiber supplements, first aid supplies, sunscreen, tooth brushes and pastes, cold medication, antacids, etc. Members who chose the OTC option will receive merchandise order forms with instructions from the plan. Members may place orders for items any dollar increment through the year up to the annual limit of \$200. Order forms and instructions are available on the plan's website at www.php-fl.org/for-members/otc.

Decline the Health and Wellness Benefit
Declining the benefit will not affect your eligibility for or membership in PHP. If you decline the benefit, you may change your decision anytime. Please call Member Services if you want to activate the benefit at (888) 456-4715 (TTY 711), 8:00 a.m. to 8:00 p.m., seven days a week.

Please read below and initial by each statement to indicate you have read and understand the terms of the program.

- _____ I understand that I may choose only one benefit option during the benefit year.
- _____ I understand that I may only change my Health and Wellness Benefit option selection once a benefit year from January 1 through January 15 or under certain special circumstances.
- _____ I understand that it may take 15 to 45 days for the processing of my Health and Wellness Benefit option selection.
- _____ I understand that PHP will contact me by mail with instructions or forms to activate the option I choose.
- _____ I understand that the Health and Wellness Benefit option that I select is only valid for and can only be used by me.
- _____ I understand that if I choose the gym membership option and I disenroll from the plan, my gym membership will terminate on the same day as my disenrollment effective date.

Applicant/Member Signature: _____

Address: _____
(Street Address, City, State, Zip)

Home Phone: _____ Alternate Phone: _____

PHP is an HMO plan with a Medicare contract. Enrollment in PHP depends on contract renewal.

If choosing the gym membership option, please refer to the list of gym locations below to help you choose a gym or gym chain whose locations are most convenient for you. Remember, you may only choose one membership from one of these gyms/gym chains. You may only change your benefit option selection, i.e., change gym/gym chain memberships, change from the OTC merchandise option to a gym membership, or change from a gym membership to the OTC merchandise option, once a benefit year from January 1 through January 15. If you need more information about these gyms/gym chains or their locations below, please visit their websites or call.



www.24hourfitness.com
(800) 432-6348

Broward County

Sunrise – Super Sport
9919 W. Oakland Park Bl.
Sunrise, FL 33351

Plantation – Sport
700 S. Pine Island Rd.
Plantation, FL 33324

Miramar – Sport
11645 Red Rd., Space H-1
Miramar, FL 33025

Miami-Dade County

Miami Gardens – Super Sport
19371 NW 27th Ave
Miami Gardens, FL 33056

Doral West – Super Sport
1970 NW 117 Pl.
Miami, FL 33182

Homestead – Super Sport
3314 NE 7th St.
Homestead, FL 33033



www.kozoneusa.com

Miami-Dade County

301 NW 54th St.
Miami, FL 33127
Tel: (305) 754-9663



www.uploadfitness.com

Broward County

928 N. Federal Hwy.
Fort Lauderdale, FL 33304
Tel: (954) 617-6468



www.zoogymfortlauderdale.com

Broward County

1427 E. Commercial Blvd.
Oakland Park, FL 33334
Tel: (954) 306-6735

3120 Oakwood Blvd
Hollywood, FL 33020
Tel: (954) 862-6948

3708 W. Oakland Park Blvd.
Lauderdale Lakes, FL 33311
Tel: (954) 414-9719

3133 N. State Rd. 7
Margate, FL 33063
Tel: (954) 601-1999

7346 W. McNab Rd.
North Lauderdale, FL 33068
Tel: (954) 580-6022

959 E. Commercial Blvd.
Oakland Park, FL 33334
Tel: (954) 414-1870

9057 Taft St.
Pembroke Pines, FL 33024
Tel: (954) 374-0800

10840 Pines Blvd.
Pembroke Pines, FL 33026
Tel: (954) 874-2343

401 S. Federal Hwy.
Pompano Beach, FL 33062
Tel: (954) 580-1400

3555 N. Federal Hwy.
Pompano Beach, FL 33064
Tel: (954) 642-5600

2101 N. University Dr.
Sunrise, FL 33322
Tel: (954) 742-9100

15451 SW 13th Ln.
Sunrise, FL 33326
Tel: (954) 915-0080

Miami-Dade County

3015 Grand Ave. #311
Coconut Grove, FL 33133
Tel: (786) 534-0273

5348 W 16th Ave
Hialeah, FL 33012
Tel: (305) 362-2155

8311 W. Flagler St.
Miami, FL 33126
Tel: (786) 380-4928

553 NE 79th St.
Miami, FL 33138
Tel: (786) 292-0680



www.crunch.com
(888) 2-CRUNCH

Miami-Dade County

1259 Washington Ave.
Miami Beach, FL 33139



www.youfit.com

Broward County

8301 W. Atlantic Blvd.
Coral Springs, FL 33071
Tel: (954) 510-7676

9535 Westview Dr.
Coral Springs, FL 33076
Tel: (954) 905-1840

140 S. Compass Way
Dania Beach, FL 33004
Tel: (954) 357-3627

8942 W. State Rd. 84
Davie, FL 33324
Tel: (954) 368-1658

4032 W Hillsboro Blvd.
Deerfield Beach, FL 33442
Tel: (954) 312-1250



www.esportafitness.com



www.lafitness.com

PHP is an HMO plan with a Medicare contract. Enrollment in PHP depends on contract renewal.

7070 Coral Way
Miami, FL 33155
Tel: (786) 542-2600

11237 SW 152nd St.
Miami, FL 33157
Tel: (786) 292-0681

1605 SW 107th Ave.
Miami, FL 33165
Tel: (786) 235-0629

8755 SW 24th St.
Miami, FL 33165
Tel: (305) 539-9828

3900 SW 112th Ave.
Miami, FL 33165
Tel: (786) 879-7434

11865 SW 26th St. #B13
Miami, FL 33175
Tel: (305) 222-1992

20001 SW 127th Ave.
Miami, FL 33177
Tel: (786) 345-6280

13065 SW 112th St.
Miami, FL 33186
Tel: (786) 581-2800

15762 SW 72nd St.
Miami, FL 33193
Tel: (786) 257-2101

10201 Hammocks Blvd. #130
Miami, FL 33196
Tel: (305) 387-3770

19400 NW 27th Ave.
Miami Gardens, FL 33056
Tel: (786) 453-8884