

Adopted Clinical Practice and Preventive Health Guidelines

<i>Physical Health</i> Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
	Morbidity and Mortality Weekly Report (MMWR)	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/mmwr/	Mar-2021
	U.S. Preventive Services Task Force Recommendations. (Publication dates vary)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicest askforce.org/Page/Name/recomme ndations	Mar-2021
Asthma	Asthma Care Quick Reference: Diagnosing and Managing Asthma. Guidelines from the National Asthma Education and Prevention Program. Expert Panel Report 3. (Revised 2012)	U.S. Department of Health and Human Services (HHS); National Institute of Health (NIH); National Heart, Lung, and Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/health- topics/all-publications-and- resources/asthma-care-quick- reference-diagnosing-and- managing	Mar-2021
	Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma (Full Report 2007) and 2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group (December 2020)	U.S. Department of Health and Human Services (HHS); National Institute of Health (NIH); National Heart, Lung, and Blood Institute (NHLBI)	http://www.nhlbi.nih.gov/guidelin es/asthma/index.htm	Mar-2021
	2020 GINA Report, Global Strategy For Asthma Management and Prevention.	Global Initiative for Asthma (GINA)	https://ginasthma.org/gina-reports/	Mar-2021
Back Pain	Clinical Practice Guideline for Diagnosis and Treatment of Low Back Pain. (2017).	Department of Veterans Affairs and the Department of Defense (VA/DoD)	https://www.healthquality.va.gov/ guidelines/Pain/lbp/VADoDLBPC PGClinicianSummary092917.pdf	Mar-2021



<i>Physical Health</i> Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
	Low Back Pain, Adult Acute and Subacute (Updated March 2018)	Institute for Clinical Systems Improvement (ICSI)	https://www.icsi.org/guideline/low -back-pain/	Mar-2021
	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians (April 2017)	American College of Physicians	http://annals.org/aim/fullarticle/26 03228/noninvasive-treatments- acute-subacute-chronic-low-back- pain-clinical-practice	Mar-2021
	Diagnosis and Treatment of Low Back Pain (2020)	North American Spine Society (NASS)	<u>https://painmed.wpengine.com/wp-</u> content/uploads/2020/12/LowBackPai <u>n.pdf</u>	Sept-2021
Cancer	ASCO Guidelines by Clinical Area	American Society of Clinical Oncology	https://www.asco.org/research- guidelines/quality- guidelines/guidelines	Mar-2021
	ASTRO Guidelines by Clinical Area	American Society for Radiation Oncology (ASTRO)	https://www.astro.org/Patient- Care-and-Research/Clinical- Practice-Statements/Clinical- Practice-Guidelines	Mar-2021
	NCCN Guidelines® & Clinical Resources	National Comprehensive Cancer Network (NCCN)	https://www.nccn.org/professional s/physician_gls/default.aspx	Mar-2021
Chlamydia Screening	Final Recommendation Statement Gonorrhea and Chlamydia: Screening. (September 2014- update in progress).	U.S. Preventive Services Task Force (USPSTF)	http://www.uspreventiveservicesta skforce.org/Page/Document/Reco mmendationStatementFinal/chlam ydia-and-gonorrhea-screening	Mar-2021
Chronic Obstructive Pulmonary Disease	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (2020 Report)	The Global Initiative for Chronic Obstructive Lung Disease	https://goldcopd.org/wp- content/uploads/2019/12/GOLD- 2020-FINAL-ver1.2- 03Dec19_WMV.pdf	Mar-2021



Physical Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
	Clinical Practice Guideline for the Management of Chronic Obstructive Pulmonary Disease. (2014 – update in progress).	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/ guidelines/cd/copd/	Mar-2021
Coronavirus Disease 2019 (Covid-19)	Overview of Testing for SARS- CoV-2 (COVID-19) (Updated March 2021)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/coronavirus/ 2019-ncov/hcp/testing- overview.html?CDC_AA_refVal= https%3A%2F%2Fwww.cdc.gov %2Fcoronavirus%2F2019- ncov%2Fhcp%2Fclinical- criteria.html	Mar-2021
Coronary Artery Disease	ACC/AHA Prevention Guideline: 2013 ACC/AHA Guideline on the Assessment of Cardiovascular Risk. (Circulation. 2014; 129:S49- S73) (Published online Nov. 2013)	American College of Cardiology (ACC) and American Heart Association (AHA) Task Force	http://www.onlinejacc.org/search/a ssessment%252Bof%252Bcardiov ascular%252Brisk	Mar-2021
	Routine Assessment and Promotion of Physical Activity in Healthcare Settings; A scientific statement from the American heart association (Circulation. 2018; 137:e495–e522)	American Heart Association (AHA)	https://www.ahajournals.org/looku p/doi/10.1161/CIR.000000000000000000000000000000000000	Mar-2021
	AHA Scientific Statement: Secondary Prevention of Atherosclerotic Cardiovascular Disease in Older Adults. (Circulation. 2013; 128:2422- 2446)	American Heart Association (AHA)	http://circ.ahajournals.org/content/ 128/22/2422.full	Mar-2021



Physical Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
	AHA/ACC/ASH Scientific Statement Treatment of Hypertension in Patients with Coronary Artery Disease. (Circulation 2015;131:e435-e470)	American Heart Association (AHA), American College of Cardiology (ACC), and American Society of Hypertension	http://circ.ahajournals.org/content/ 131/19/e435.full	Mar-2021
	AHA/ACCF Guideline: Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease, 2011 Update (Circulation. 2011; 124: 2458-2473) and (Correction 2015; 131: e048)	American Heart Association (AHA) and American College of Cardiology Foundation (ACC)	https://www.ahajournals.org/doi/fu 11/10.1161/CIR.0b013e318235eb4 d	Mar-2021
	2019 AHA/ACCF Guideline on the Primary Prevention of Cardiovascular Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. (Correction 2019; 140:e649-e650, Correction 2020; 141:e60, Correction 2020; 141:e774)	American Heart Association (AHA) and American College of Cardiology Foundation (ACC)	https://www.ahajournals.org/doi/1 0.1161/CIR.0000000000000678	Mar-2021
Critical Care	Surviving Sepsis Campaign: International Guidelines for Management of Severe Sepsis and Septic Shock: 2016	Society of Critical Care Medicine and European Society of Intensive Care Medicine.	https://pubmed.ncbi.nlm.nih.gov/2 8101605/	Mar-2021
Diabetes	AACE/ACE Consensus Statement: Consensus Statement by the American Association of Clinical Endocrinologists and American College of Endocrinology on the Comprehensive Type 2 Diabetes Management Algorithm-2020 Executive Summary (Endocrine Practice 2020; Volume 26, No.1)	American Association of Clinical Endocrinologists and American College of Endocrinology	https://www.endocrinepractice.org /action/showPdf?pii=S1530- 891X%2820%2935066-7	Mar-2021



Physical Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
	Standards of Medical Care in Diabetes-2021 (Diabetes Care 2021, Volume 44, Supplement 1)	American Diabetes Association (ADA)	https://professional.diabetes.org/co ntent-page/practice-guidelines- resources	Mar-2021
Frailty and Special Populations	American Geriatrics Society 2019 Updated AGS Beers Criteria® for Potentially Inappropriate Medication Use in Older Adults.	American Geriatrics Society (AGS)	https://onlinelibrary.wiley.com/doi /10.1111/jgs.15767	Mar-2021
	Managing Medicines for Adults Receiving Social Care in the Community. (2017)	National Institute for Health and Care Excellence (NICE)	https://www.nice.org.uk/guidance/ ng67	Mar-2021
General Evidence Based Medicine	Choosing Wisely	Choosing Wisely; American Board of Internal Medicine Foundation	https://www.choosingwisely.org/	Mar-2021
Heart Failure	2017 ACC/AHA/HFSA Focused Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure: A Report of the ACC, AHA and HFSA (Circulation. 2017; CIR.000000000000509, originally published April 28, 2017)	American College of Cardiology (ACC) Foundation, American Heart Association (AHA) Task Force on Practice Guidelines and the Heart Failure Society of America (HFSA)	https://www.ahajournals.org/doi/1 0.1161/cir.0000000000000509	Mar-2021
Hemophilia	NHF-McMaster Guideline on Care Models for Hemophilia Management. (2017).	National Hemophilia Foundation (NHF)	https://onlinelibrary.wiley.com/doi /full/10.1111/hae.13008	Mar-2021



Physical Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
HIV/AIDS	Human Immunodeficiency Virus (HIV) Infection: Screening. (2019).	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicest askforce.org/uspstf/recommendati on/human-immunodeficiency- virus-hiv-infection-screening	Mar-2021
	Prevention of Human Immunodeficiency Virus (HIV) Infection: Preexposure Prophylaxis. (2019).	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicest askforce.org/uspstf/recommendati on/prevention-of-human- immunodeficiency-virus-hiv- infection-pre-exposure- prophylaxis	Mar-2021
	Routine Human Immunodeficiency Virus Screening. (2014).	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clini cal-guidance/committee- opinion/articles/2014/05/routine- human-immunodeficiency-virus- screening	Mar-2021
	Recommendations for the Use of Antiretroviral Drugs in Pregnant Women with HIV Infection and Interventions to Reduce Perinatal HIV Transmission in the United States. (2021).	National Institutes of Health (NIH)	https://clinicalinfo.hiv.gov/en/guid elines/perinatal/whats-new- guidelines	Mar-2021
	Diagnosis and Management of Acute HIV Infection. (2018).	AIDS Institute	https://www.hivguidelines.org/hiv- testing-acute-infection/acute-hiv/	Mar-2021
Hyperlipidemia	Lipid Management in Adults (February 2017)	Institute for Clinical Systems Improvement (ICSI)	https://www.icsi.org/guideline/lipi d-management/	Mar-2021



Physical Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
	ACC/AHA Prevention Guideline: 2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults. (Circulation 2014; 129:S1-S45, Circulation 2014; 129:S46-S48, Circulation 2015; 132:e396,)	American College of Cardiology (ACC), American Heart Association (AHA) Task Force on Practice Guidelines	https://www.ahajournals.org/doi/ fu ll/10.1161/01.cir.0000437738.63 <u>8 53.7a</u>	Mar-2021
Hypertension	2017 ACC/AHA/AAPA/ABC/ACPM/ AGS/APhA/ASH/ASPC/NMA/PC NA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults; A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines	Journal of the American College of Cardiology (ACC)	http://www.onlinejacc.org/content/ 71/19/e127.full.pdf?_ga=2.193364 781.1266825403.1554128597- 1581546980.1542635095	Mar-2021
Immunizations	Recommended adult immunization schedule for ages 19 years and older, United States 2021	Advisory Committee on Immunization Practices (ACIP)	http://www.cdc.gov/vaccines/sche dules/hcp/adult.html	Mar-2021
	Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the ACIP — United States, 2019–20 Influenza Season	Advisory Committee on Immunization Practices (ACIP)	https://www.cdc.gov/mmwr/volum es/68/rr/rr6803a1.htm?s_cid=rr680 3a1_w	Mar-2021



Physical Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
Long-Term Care	Transitions of Care in the Long- Term Care Continuum Clinical Practice Guidelines 2010	American Medical Directors Association	https://qioprogram.org/sites/defaul t/files/Transitions_of_Care_in_LT C.pdf	Mar-2021
Opioids for Chronic Pain	CDC Guideline for Prescribing Opioids for Chronic Pain	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/drugoverdose /prescribing/guideline.html	Mar-2021
Osteoporosis	Clinical Practice Guidelines for the Diagnosis and Treatment of Postmenopausal Osteoporosis. (2020 Update). ACOG Practice Bulletin N. 129. Osteoporosis. (2012).	American Association of Clinical Endocrinologists (AACE) American College of Obstetricians and Gynecologists (ACOG)	https://pro.aace.com/disease-state- resources/bone-and- parathyroid/clinical-practice- guidelines/clinical-practice https://www.aafp.org/afp/2013/08 15/p269.html	Mar-2021 Mar-2021
Palliative Care	Palliative Care for Adults. (Revised: January 2020/Sixth edition).	Institute for Clinical Systems Improvement (ICSI)	https://www.icsi.org/guideline/pa lliative-care/	Mar-2021
Perinatal Care	AFP by Topic: Prenatal (Publication dates vary)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/afp/topicMo dules/viewTopicModule.htm?topic ModuleId=25	Mar-2021



Physical Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
	AFP by Topic: Labor, Delivery, and Post-Partum Issues (Publication dates vary) Guidelines for Perinatal Care, Eighth Edition (2017)	American College of Obstetricians and Gynecologists (ACOG)	https://www.aafp.org/afp/topicMo dules/viewTopicModule.htm?topic ModuleId=16 Available online for ACOG members only. https://www.acog.org/clinical/jour nals-and- publications/ebook/guidelines-for- perinatal-care	Mar-2021
Pneumonia	Management of Adults With Hospital-acquired and Ventilator-associated Pneumonia: 2016 Clinical Practice Guidelines by the Infectious Diseases Society of America and the American Thoracic Society. (2016).	Infectious Diseases Society of America (IDSA)	https://www.thoracic.org/statemen ts/resources/tb-opi/hap-vap- guidelines-2016.pdf	Mar-2021
Respiratory Illness	Adult and Pediatric treatment recommendations. (Adult reviewed Oct. 2017, Pediatric Feb. 2017).	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/getsmart/com munity/for-hcp/outpatient- hcp/index.html	Mar-2021
	AFP by Topic: Respiratory Tract Infections (Publication dates vary)	American Academy of Family Physicians (AAFP)	http://www.aafp.org/afp/topicMod ules/viewTopicModule.htm?topic ModuleId=29	Mar-2021
	Diagnosis and Treatment of Respiratory Illness in Children and Adults. (Updated September 2017)	Institute for Clinical Systems Improvement (ICSI)	https://www.icsi.org/guideline/respir atory-illness/	Mar-2021



Physical Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
Rheumatoid Arthritis	American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis. (2021- Update in progress).	American College of Rheumatology (ACR)	https://www.rheumatology.org/Pra ctice-Quality/Clinical- Support/Clinical-Practice- Guidelines/Rheumatoid-Arthritis	Mar-2021
Sepsis	The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)	American Medical Association	https://jamanetwork.com/journals/j ama/fullarticle/2492881	Feb-2016
Sickle Cell	Sickle Cell Disease, Recommendations (Last reviewed December 16, 2020)	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/ncbddd/sickle cell/recommendations.html	Mar-2021
	Evidence-Based Management of Sickle Cell Disease: Expert Panel report, 2014	National Institutes of Health Heart, Lung, and Blood Institute	https://www.nhlbi.nih.gov/sites/de fault/files/publications/56- 364NFULL.pdf	Mar-2021
Tobacco Cessation	Tobacco and Nicotine Cessation During Pregnancy (May 2020)	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clini cal-guidance/committee- opinion/articles/2020/05/tobacco- and-nicotine-cessation-during- pregnancy	Mar-2021
	Smoking and Tobacco Use Cessation	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/tobacco/quit_ smoking/cessation/index.htm	Mar-2021
	Interventions for Tobacco Smoking Cessation in Adults, Including Pregnant Persons (2021).	United Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicest askforce.org/uspstf/recommendati on/tobacco-use-in-adults-and- pregnant-women-counseling-and- interventions	Mar-2021



Physical Health Conditions/ Diseases	Guideline Title	Recognized Source	URL	Review/ Update
Traumatic Brain Injury (TBI)	Management of Concussion-mild Traumatic Brain Injury (mTBI). (2016- update in progress)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/ guidelines/Rehab/mtbi/	Mar-2021
Weight management	Adult Weight Management (AWM) Guideline (2014)	Academy of Nutrition and Dietetics	http://www.andeal.org/topic.cfm? menu=5276&cat=4688	Mar-2021
	Managing Overweight and Obesity in Adults: Systematic Evidence Review from the Obesity Expert Panel (2013)	U.S. Department of Health and Human Services, National Institute of Health, National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/health- pro/guidelines/in-develop/obesity- evidence-review	Mar-2021