



Crixivan® [KRIK-sih-van] (indinavir)



There are five classes of HIV medications (meds). They will not prevent or cure HIV. They limit how the virus makes copies of itself in your body. Crixivan is in the class of meds called *protease inhibitors* (PIs).

Who Should Take Crixivan?

Crixivan is for people who have tried other PIs or NRTIs with no success.

- People with a blood, kidney or liver disease, or have abused alcohol should be careful when they take this drug
- Women who are pregnant or plan to become pregnant should tell their doctors before they take Crixivan
- Talk with your doctor if you take statins for high cholesterol

How Is Crixivan Taken?

- Crixivan comes in a pill. It is taken every eight hours on an empty stomach. You can take it an hour before meals or two hours after meals. Drink a full glass of water when you take Crixivan.
- Crixivan can be taken with a light meal such as dry toast or cornflakes with skim milk
- Do not take with grapefruit juice

- People who also take didanosine (ddI or Videx®) should take it an hour before they take Crixivan, on an empty stomach.
- Crixivan causes your body to lose a lot of water. You need to drink at least 6, eight-ounce glasses of water each day.

Side Effects

It is common to have side effects when you start an HIV treatment. If they get worse or do not get better, see your doctor right away. Your doctor may change the type and/or amount of your meds.

What are the common side effects of Crixivan?

- Feel tired
- Stomach pain or sick to your stomach
- Acid reflux or heart burn
- Loose stool
- Headache
- Feel dizzy
- Changed sense of taste
- Dry skin and skin rashes

What are the more severe and rare side effects of Crixivan?

- Kidney stones.
- Liver problems
- Anemia (low red blood cells)
- High blood sugar and diabetes
- A risk of heart disease and chest pain
- Severe skin problems
- Changes in how the body stores fat

Take your HIV treatment just how your doctor tells you. Do not miss any doses, even if you feel well. When the meds are in your body, they will help stop the HIV.

Bring all of your meds and any supplements to your doctor visits. A "Brown Bag Check-up" can also help your doctor keep your records up to date and help you get better quality care.

Always talk to your doctor before you stop any treatment they prescribe for you.

How Does Crixivan Mix with Other Meds?

You and your doctor should know all the kinds of meds that you take. When you take two or more meds it can cause a bad *interaction*. This means that the meds do not mix well. This can lead to harmful side effects and harm your treatment.



Tell your doctor if you also take meds to treat:

- Allergies
- Inflammation
- Depression
- Heartbeat problems
- High blood pressure
- High cholesterol
- Enlarged prostate
- Migraine headaches
- Seizures

A doctor may need to change the dose when a person on Crixivan takes:

- Anti-fungus meds
- Meds to fight tuberculosis or mycobacterium avium complex (MAC)
- Other HIV meds

Let your doctor know if you are taking herbs like St. John's Wort.

For more information

Contact your Registered Nurse Care Manager, or call PHP Nurse Advice Line at: (800) 797-1717.

Visit the Medication Guide on the FDA website at: <http://www.fda.gov>

