



Adopted Clinical Practice and Preventive Health Guidelines

<i>Physical Health Conditions/ Diseases</i>	<i>Guideline Title</i>	<i>Recognized Source</i>	<i>URL</i>	<i>Review/ Update</i>
	Medi-Cal Provider Manuals	California Department of Healthcare Services (DHCS)	https://www.dhcs.ca.gov/formsandpubs/publications/Pages/Medi-CalProviderManuals.aspx	Dec-2024
	Morbidity and Mortality Weekly Report (MMWR)	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/mmwr/	Dec-2024
	U.S. Preventive Services Task Force Recommendations. (Publication dates vary)	U.S. Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/Page/Name/recommendations	Dec-2024
Asthma	Asthma Care Quick Reference: Diagnosing and Managing Asthma. Guidelines from the National Asthma Education and Prevention Program. Expert Panel Report 3. (Revised 2025)	U.S. Department of Health and Human Services (HHS); National Institute of Health (NIH); National Heart, Lung, and Blood Institute (NHLBI)	https://www.nhlbi.nih.gov/resources/asthma-care-quick-reference-diagnosing-and-managing-asthma	Dec-2024
	Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma (Full Report 2007) and 2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group. (December 2020)	U.S. Department of Health and Human Services (HHS); National Institute of Health (NIH); National Heart, Lung, and Blood Institute (NHLBI)	http://www.nhlbi.nih.gov/guidelines/asthma/index.htm	Dec-2024
	2022 GINA Report, Global Strategy For Asthma Management and Prevention.	Global Initiative for Asthma (GINA)	https://ginasthma.org/gina-reports/	Dec-2024
Back Pain	Clinical Practice Guideline for Diagnosis and Treatment of Low Back Pain. (2022)	Department of Veterans Affairs and the Department of Defense (VA/DoD)	https://www.healthquality.va.gov/guidelines/Pain/lbp/VADoDLBPCPGFinal508.pdf	Dec-2024

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	Low Back Pain, Adult Acute and Subacute. (Updated March 2018)	Institute for Clinical Systems Improvement (ICSI)	https://www.icsi.org/guideline/low-back-pain/	Dec-2024
	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians. (April 2017)	American College of Physicians	https://www.acpjournals.org/doi/10.7326/M16-2367	Dec-2024
	Diagnosis and Treatment of Low Back Pain. (2020)	North American Spine Society (NASS)	https://painmed.wpengine.com/wp-content/uploads/2020/12/LowBackPain.pdf	Dec-2024
Cancer	ASCO Guidelines by Clinical Area	American Society of Clinical Oncology	https://ascopubs.org/guidelines	Dec-2024
	ASTRO Guidelines by Clinical Area	American Society for Radiation Oncology (ASTRO)	https://www.astro.org/Patient-Care-and-Research/Clinical-Practice-Statements/Clinical-Practice-Guidelines	Dec-2024
	NCCN Guidelines® & Clinical Resources	National Comprehensive Cancer Network (NCCN)	https://www.nccn.org/professionals/physician_gls/default.aspx	Dec-2024
Chlamydia Screening	Final Recommendation Statement Gonorrhea and Chlamydia: Screening. (2021)	U.S. Preventive Services Task Force (USPSTF)	http://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/chlamydia-and-gonorrhea-screening	Dec-2024
Chronic Obstructive Pulmonary Disease	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease. (2020 Report)	The Global Initiative for Chronic Obstructive Lung Disease	https://goldcopd.org/wp-content/uploads/2019/12/GOLD-2020-FINAL-ver1.2-03Dec19_WMV.pdf	Dec-2024

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	Clinical Practice Guideline for the Management of Chronic Obstructive Pulmonary Disease. (2021)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/cd/copd/	Dec-2024
Coronavirus Disease 2019 (Covid-19)	Overview of Testing for SARS-CoV-2 (COVID-19). (2024)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/covid/hcp/clinical-care/overview-testing-sars-cov-2.html	Dec-2024
Coronary Artery Disease	ACC/AHA Guideline on the Assessment of Cardiovascular Risk: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines. (2019)	American College of Cardiology (ACC) and American Heart Association (AHA) Task Force	https://www.ahajournals.org/doi/10.1161/CIR.0000000000000677	Dec-2024
	Routine Assessment and Promotion of Physical Activity in Healthcare Settings; A scientific statement from the American heart association (Circulation. 2018; 137:e495–e522)	American Heart Association (AHA)	https://www.ahajournals.org/lookup/doi/10.1161/CIR.0000000000000559	Dec-2024
	AHA Scientific Statement: Secondary Prevention of Atherosclerotic Cardiovascular Disease in Older Adults. (Circulation. 2013; 128:2422-2446)	American Heart Association (AHA)	http://circ.ahajournals.org/content/128/22/2422.full	Dec-2024

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	AHA/ACC/ASH Scientific Statement Treatment of Hypertension in Patients with Coronary Artery Disease. (Circulation 2015;131:e435-e470)	American Heart Association (AHA), American College of Cardiology (ACC), and American Society of Hypertension	http://circ.ahajournals.org/content/131/19/e435.full	Dec-2024
	AHA/ACCF Guideline: Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease, 2011 Update (Circulation. 2011; 124: 2458-2473) and (Correction 2015; 131: e048)	American Heart Association (AHA) and American College of Cardiology Foundation (ACC)	https://www.ahajournals.org/doi/full/10.1161/CIR.0b013e318235eb4d	Dec-2024
	2019 AHA/ACCF Guideline on the Primary Prevention of Cardiovascular Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. (Correction 2019; 140:e649-e650, Correction 2020; 141:e60, Correction 2020; 141:e774)	American Heart Association (AHA) and American College of Cardiology Foundation (ACC)	https://www.ahajournals.org/doi/10.1161/CIR.0000000000000678	Dec-2024
Critical Care	Surviving Sepsis Campaign: International Guidelines for Management of Severe Sepsis and Septic Shock: 2016. (2017)	Society of Critical Care Medicine and European Society of Intensive Care Medicine.	https://pubmed.ncbi.nlm.nih.gov/28101605/	Dec-2024
Diabetes	American Association of Clinical Endocrinology Consensus Statement: Comprehensive Type 2 Diabetes Management Algorithm. (2023 Update)	American Association of Clinical Endocrinologists and American College of Endocrinology	https://www.endocrinepractice.org/article/showPdf?pii=S1530-891X%2823%2900034-4	Dec-2024

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	The American Diabetes Association Releases Standards of Care in Diabetes—2025. (2024)	American Diabetes Association (ADA)	https://diabetes.org/newsroom/press-releases/american-diabetes-association-releases-standards-care-diabetes-2025	Dec-2024
Frailty and Special Populations	American Geriatrics Society 2023 Updated AGS Beers Criteria® for Potentially Inappropriate Medication Use in Older Adults.	American Geriatrics Society (AGS)	https://agsjournals.onlinelibrary.wiley.com/doi/epdf/10.1111/jgs.18372	Dec-2024
	Managing Medicines for Adults Receiving Social Care in the Community. (2017)	National Institute for Health and Care Excellence (NICE)	https://www.nice.org.uk/guidance/ng67	Dec-2024
General Evidence Based Medicine	Choosing Wisely	Choosing Wisely; American Board of Internal Medicine Foundation	https://www.choosingwisely.org/	Dec-2024
Heart Failure	2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. (2022)	American College of Cardiology (ACC) Foundation, American Heart Association (AHA) Task Force on Practice Guidelines and the Heart Failure Society of America (HFSA)	https://www.ahajournals.org/doi/10.1161/CIR.0000000000001063	Dec-2024
Hemophilia	NHF-McMaster Guideline on Care Models for Hemophilia Management. (2016)	National Hemophilia Foundation (NHF)	https://onlinelibrary.wiley.com/doi/full/10.1111/hae.13008	Dec-2024

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HIV/AIDS	Human Immunodeficiency Virus (HIV) Infection: Screening. (2019). (2024 Update in progress)	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/human-immunodeficiency-virus-hiv-infection-screening	Dec-2024
	Prevention of Acquisition of HIV: Preexposure Prophylaxis. (2023)	United States Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/prevention-of-human-immunodeficiency-virus-hiv-infection-pre-exposure-prophylaxis	Dec-2024
	Routine Human Immunodeficiency Virus Screening. (2014). Reaffirmed 2024.	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2014/05/routine-human-immunodeficiency-virus-screening	Dec-2024
	Recommendations for the Use of Antiretroviral Drugs in Pregnant Women with HIV Infection and Interventions to Reduce Perinatal HIV Transmission in the United States. (2025).	National Institutes of Health (NIH)	https://clinicalinfo.hiv.gov/en/guidelines/perinatal/whats-new-guidelines	Jun-2025
	Diagnosis and Management of Acute HIV Infection. (2024).	AIDS Institute	https://www.hivguidelines.org/hiv-testing-acute-infection/acute-hiv/	Dec-2024
Hyperlipidemia	Lipid Management in Adults (February 2017)	Institute for Clinical Systems Improvement (ICSI)	https://www.icsi.org/guideline/lipid-management/	Dec-2024

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	2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. (2018)	American College of Cardiology (ACC), American Heart Association (AHA) Task Force on Practice Guidelines	https://www.jacc.org/doi/10.1016/j.jacc.2018.11.003?_ga=1*zv2kwr*_ga*ODI2NTQzOTk4LjE3NTM5OTgyMTE.*_ga_2V8VW4Y237*czE3NTM5OTgyMTAkzE3kZzEkdDE3NTM5OTk1MDQkajQyJGwWJGgw	Dec-2024
Hypertension	2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults; A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines	Journal of the American College of Cardiology (ACC)	http://www.onlinejacc.org/content/71/19/e127.full.pdf?_ga=2.193364781.1266825403.1554128597-1581546980.1542635095	Dec-2024
Immunizations	Recommended adult immunization schedule for ages 19 years and older, United States 2025	Advisory Committee on Immunization Practices (ACIP)	https://www.cdc.gov/vaccines/hcp/imz-schedules/downloads/adult/adult-combined-schedule.pdf	Jul-2025
	Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the ACIP — United States, 2024–25 Influenza Season	Advisory Committee on Immunization Practices (ACIP)	Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the Advisory Committee on Immunization Practices — United States, 2024–25 Influenza Season MMWR	Dec-2024

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Long-Term Care	Transitions of Care in the Long-Term Care Continuum Clinical Practice Guidelines 2010	American Medical Directors Association	https://qioprogram.org/sites/default/files/Transitions_of_Care_in_LT_C.pdf	Dec-2024
Opioids for Chronic Pain	CDC Guideline for Prescribing Opioids for Chronic Pain – United States, 2022	Centers for Disease Control and Prevention (CDC)	CDC Clinical Practice Guideline for Prescribing Opioids for Pain — United States, 2022 MMWR	Dec-2024
Osteoporosis	Clinical Practice Guidelines for the Diagnosis and Treatment of Postmenopausal Osteoporosis. (2020 Update).	American Association of Clinical Endocrinologists (AACE)	https://pro.aace.com/disease-state-resources/bone-and-parathyroid/clinical-practice-guidelines/clinical-practice	Dec-2024
	Osteoporosis Treatment: Updated Guidelines From ACOG. (2023)	American Academy of Family Physicians (AAFP)	Osteoporosis Treatment: Updated Guidelines From ACOG AAFP	Dec-2024
Palliative Care	Palliative Care for Adults. (Revised: January 2020/Sixth edition).	Institute for Clinical Systems Improvement (ICSI)	https://www.icsi.org/guideline/palliative-care/	Dec-2024
Perinatal Care	AFP by Topic: Prenatal (Publication dates vary)	American Academy of Family Physicians (AAFP)	https://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=25	Dec-2024

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	AFP by Topic: Labor, Delivery, and Post-Partum Issues (Publication dates vary) ACOG by Topic: Prenatal Care (Publication dates vary)	American College of Obstetricians and Gynecologists (ACOG)	https://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=16 Available online for ACOG members only. https://www.acog.org/search#q=Guidelines%20for%20Perinatal%20Care&sort=relevance	Dec-2024
Pneumonia	Management of Adults With Hospital-acquired and Ventilator-associated Pneumonia: 2016 Clinical Practice Guidelines by the Infectious Diseases Society of America and the American Thoracic Society. (Updated 2018).	Infectious Diseases Society of America (IDSA)	https://www.thoracic.org/statements/resources/tb-opi/hap-vap-guidelines-2016.pdf	Dec-2024
Respiratory Illness	Adult and Pediatric treatment recommendations. (Adult reviewed Sep. 2024, Pediatric Dec. 2023).	Centers for Disease Control and Prevention (CDC)	https://search.cdc.gov/search/?query=pneumoniaAdult%20and%20Pediatric%20treatment%20recommendations&dpag=1	Dec-2024
	AFP by Topic: Respiratory Tract Infections (Publication dates vary)	American Academy of Family Physicians (AAFP)	http://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=29	Dec-2024
	AARC Evidence-Based Clinical Practice Guidelines (Publication dates vary)	American Association for Respiratory Care (AARC)	https://www.aarc.org/resource/clinical-practice-guidelines/	Jul-2025
	Diagnosis and Treatment of Respiratory Illness in Children and Adults. (Updated September 2017)	Institute for Clinical Systems Improvement (ICSI)	https://www.icsi.org/guideline/respiratory-illness/	Dec-2024

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Rheumatoid Arthritis	2021 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis	American College of Rheumatology (ACR)	https://assets.contentstack.io/v3/assets/bltee37abb6b278ab2c/blt9e44ccb701e1918c/63360f6775c0be225b8d943a/ra-guideline-2021.pdf	Dec-2024
Sepsis	The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3). (2016)	American Medical Association	https://jamanetwork.com/journals/jama/fullarticle/2492881	Dec-2024
Sickle Cell	Sickle Cell Disease, Sickle Cell Data Collection (SCDC) Program. (2024)	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/sickle-cell/scdc/index.html	Dec-2024
	American Society of Hematology 2020 guidelines for sickle cell disease: management of acute and chronic pain	American Society of Hematology (ASH)	https://doi.org/10.1182/bloodadvances.2020001851	Dec-2024
Tobacco Cessation	Tobacco and Nicotine Cessation During Pregnancy. (Reaffirmed 2023)	American College of Obstetricians and Gynecologists (ACOG)	https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy	Dec-2024
	Smoking and Tobacco Use Cessation	Centers for Disease Control and Prevention (CDC)	https://www.cdc.gov/tobacco/php/tobacco-control-programs/guidelines-and-resources.html	Dec-2024
	Interventions for Tobacco Smoking Cessation in Adults, Including Pregnant Persons. (2021). (2025 Update in progress)	United Preventive Services Task Force (USPSTF)	https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/tobacco-use-in-adults-and-pregnant-women-counseling-and-interventions	Mar-2025

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Traumatic Brain Injury (TBI)	Management and Rehabilitation of Post-Acute Mild Traumatic Brain Injury (mTBI). (2021)	United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)	https://www.healthquality.va.gov/guidelines/Rehab/mtbi/	Dec-2024
Weight management	Adult Weight Management (AWM) Guideline (2021-22). (2022)	Academy of Nutrition and Dietetics	https://www.andeal.org/topic.cfm?menu=5276&cat=6109	Dec-2024
	Managing Overweight and Obesity in Adults: Systematic Evidence Review from the Obesity Expert Panel. (2013)	U.S. Department of Health and Human Services, National Institute of Health, National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/health-pro/guidelines/in-develop/obesity-evidence-review	Dec-2024