



## Adopted Clinical Practice and Preventive Health Guidelines

| <i>Physical Health Conditions/<br/>Diseases</i> | <i>Guideline Title</i>                                                                                                                                                                                                                                                                              | <i>Recognized Source</i>                                                                                                                  | <i>URL</i>                                                                                                                                                                                                  | <i>Review/<br/>Update</i> |
|-------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|
|                                                 | Medi-Cal Provider Manuals                                                                                                                                                                                                                                                                           | California Department of Healthcare Services (DHCS)                                                                                       | <a href="https://www.dhcs.ca.gov/formsandpubs/publications/Pages/Medi-CalProviderManuals.aspx">https://www.dhcs.ca.gov/formsandpubs/publications/Pages/Medi-CalProviderManuals.aspx</a>                     | Dec-2024                  |
|                                                 | Morbidity and Mortality Weekly Report (MMWR)                                                                                                                                                                                                                                                        | Centers for Disease Control and Prevention (CDC)                                                                                          | <a href="http://www.cdc.gov/mmwr/">http://www.cdc.gov/mmwr/</a>                                                                                                                                             | Dec-2024                  |
|                                                 | U.S. Preventive Services Task Force Recommendations. (Publication dates vary)                                                                                                                                                                                                                       | U.S. Preventive Services Task Force (USPSTF)                                                                                              | <a href="https://www.uspreventiveservicestaskforce.org/Page/Name/recommendations">https://www.uspreventiveservicestaskforce.org/Page/Name/recommendations</a>                                               | Dec-2024                  |
| <b>Asthma</b>                                   | Asthma Care Quick Reference: Diagnosing and Managing Asthma. Guidelines from the National Asthma Education and Prevention Program. Expert Panel Report 3. (Revised 2025)                                                                                                                            | U.S. Department of Health and Human Services (HHS); National Institute of Health (NIH); National Heart, Lung, and Blood Institute (NHLBI) | <a href="https://www.nhlbi.nih.gov/resources/asthma-care-quick-reference-diagnosing-and-managing-asthma">https://www.nhlbi.nih.gov/resources/asthma-care-quick-reference-diagnosing-and-managing-asthma</a> | Dec-2024                  |
|                                                 | Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma (Full Report 2007) and 2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group. (December 2020) | U.S. Department of Health and Human Services (HHS); National Institute of Health (NIH); National Heart, Lung, and Blood Institute (NHLBI) | <a href="http://www.nhlbi.nih.gov/guidelines/asthma/index.htm">http://www.nhlbi.nih.gov/guidelines/asthma/index.htm</a>                                                                                     | Dec-2024                  |
|                                                 | 2022 GINA Report, Global Strategy For Asthma Management and Prevention.                                                                                                                                                                                                                             | Global Initiative for Asthma (GINA)                                                                                                       | <a href="https://ginasthma.org/gina-reports/">https://ginasthma.org/gina-reports/</a>                                                                                                                       | Dec-2024                  |
| <b>Back Pain</b>                                | Clinical Practice Guideline for Diagnosis and Treatment of Low Back Pain. (2022)                                                                                                                                                                                                                    | Department of Veterans Affairs and the Department of Defense (VA/DoD)                                                                     | <a href="https://www.healthquality.va.gov/guidelines/Pain/lbp/VADoDLBPCPGFinal508.pdf">https://www.healthquality.va.gov/guidelines/Pain/lbp/VADoDLBPCPGFinal508.pdf</a>                                     | Dec-2024                  |

| <i>Physical Health Conditions/ Diseases</i>  | <i>Guideline Title</i>                                                                                                                                     | <i>Recognized Source</i>                                   | <i>URL</i>                                                                                                                                                                                                                                                        | <i>Review/ Update</i> |
|----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
|                                              | Low Back Pain, Adult Acute and Subacute. (Updated March 2018)                                                                                              | Institute for Clinical Systems Improvement (ICSI)          | <a href="https://www.icsi.org/guideline/low-back-pain/">https://www.icsi.org/guideline/low-back-pain/</a>                                                                                                                                                         | Dec-2024              |
|                                              | Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline From the American College of Physicians. (April 2017) | American College of Physicians                             | <a href="https://www.acpjournals.org/doi/10.7326/M16-2367">https://www.acpjournals.org/doi/10.7326/M16-2367</a>                                                                                                                                                   | Dec-2024              |
|                                              | Diagnosis and Treatment of Low Back Pain. (2020)                                                                                                           | North American Spine Society (NASS)                        | <a href="https://painmed.wpengine.com/wp-content/uploads/2020/12/LowBackPain.pdf">https://painmed.wpengine.com/wp-content/uploads/2020/12/LowBackPain.pdf</a>                                                                                                     | Dec-2024              |
| <b>Cancer</b>                                | ASCO Guidelines by Clinical Area                                                                                                                           | American Society of Clinical Oncology                      | <a href="https://ascopubs.org/guidelines">https://ascopubs.org/guidelines</a>                                                                                                                                                                                     | Dec-2024              |
|                                              | ASTRO Guidelines by Clinical Area                                                                                                                          | American Society for Radiation Oncology (ASTRO)            | <a href="https://www.astro.org/Patient-Care-and-Research/Clinical-Practice-Statements/Clinical-Practice-Guidelines">https://www.astro.org/Patient-Care-and-Research/Clinical-Practice-Statements/Clinical-Practice-Guidelines</a>                                 | Dec-2024              |
|                                              | NCCN Guidelines® & Clinical Resources                                                                                                                      | National Comprehensive Cancer Network (NCCN)               | <a href="https://www.nccn.org/professionals/physician_gls/default.aspx">https://www.nccn.org/professionals/physician_gls/default.aspx</a>                                                                                                                         | Dec-2024              |
| <b>Chlamydia Screening</b>                   | Final Recommendation Statement Gonorrhea and Chlamydia: Screening. (2021)                                                                                  | U.S. Preventive Services Task Force (USPSTF)               | <a href="http://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/chlamydia-and-gonorrhea-screening">http://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/chlamydia-and-gonorrhea-screening</a> | Dec-2024              |
| <b>Chronic Obstructive Pulmonary Disease</b> | Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease. (2020 Report)                                      | The Global Initiative for Chronic Obstructive Lung Disease | <a href="https://goldcopd.org/wp-content/uploads/2019/12/GOLD-2020-FINAL-ver1.2-03Dec19_WMV.pdf">https://goldcopd.org/wp-content/uploads/2019/12/GOLD-2020-FINAL-ver1.2-03Dec19_WMV.pdf</a>                                                                       | Dec-2024              |

| <i>Physical Health<br/>Conditions/ Diseases</i> | <i>Guideline Title</i>                                                                                                                                                          | <i>Recognized Source</i>                                                             | <i>URL</i>                                                                                                                                                              | <i>Review/<br/>Update</i> |
|-------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|
|                                                 | Clinical Practice Guideline for the Management of Chronic Obstructive Pulmonary Disease. (2021)                                                                                 | United States Department of Veteran Affairs (VA) and the Department of Defense (DoD) | <a href="https://www.healthquality.va.gov/guidelines/cd/copd/">https://www.healthquality.va.gov/guidelines/cd/copd/</a>                                                 | Dec-2024                  |
| <b>Coronavirus Disease 2019 (Covid-19)</b>      | Overview of Testing for SARS-CoV-2 (COVID-19). (2024)                                                                                                                           | Centers for Disease Control and Prevention (CDC)                                     | <a href="https://www.cdc.gov/covid/hcp/clinical-care/overview-testing-sars-cov-2.html">https://www.cdc.gov/covid/hcp/clinical-care/overview-testing-sars-cov-2.html</a> | Dec-2024                  |
| <b>Coronary Artery Disease</b>                  | ACC/AHA Guideline on the Assessment of Cardiovascular Risk: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines. (2019) | American College of Cardiology (ACC) and American Heart Association (AHA) Task Force | <a href="https://www.ahajournals.org/doi/10.1161/CIR.0000000000000677">https://www.ahajournals.org/doi/10.1161/CIR.0000000000000677</a>                                 | Dec-2024                  |
|                                                 | Routine Assessment and Promotion of Physical Activity in Healthcare Settings; A scientific statement from the American heart association (Circulation. 2018; 137:e495–e522)     | American Heart Association (AHA)                                                     | <a href="https://www.ahajournals.org/lookup/doi/10.1161/CIR.0000000000000559">https://www.ahajournals.org/lookup/doi/10.1161/CIR.0000000000000559</a>                   | Dec-2024                  |
|                                                 | AHA Scientific Statement: Secondary Prevention of Atherosclerotic Cardiovascular Disease in Older Adults. (Circulation. 2013; 128:2422-2446)                                    | American Heart Association (AHA)                                                     | <a href="http://circ.ahajournals.org/content/128/22/2422.full">http://circ.ahajournals.org/content/128/22/2422.full</a>                                                 | Dec-2024                  |

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|---------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
|                                             | AHA/ACC/ASH Scientific Statement Treatment of Hypertension in Patients with Coronary Artery Disease. (Circulation 2015;131:e435-e470)                                                                                                                                                    | American Heart Association (AHA), American College of Cardiology (ACC), and American Society of Hypertension | <a href="http://circ.ahajournals.org/content/131/19/e435.full">http://circ.ahajournals.org/content/131/19/e435.full</a>                                                       | Dec-2024              |
|                                             | AHA/ACCF Guideline: Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease, 2011 Update (Circulation. 2011; 124: 2458-2473) and (Correction 2015; 131: e048)                                                              | American Heart Association (AHA) and American College of Cardiology Foundation (ACC)                         | <a href="https://www.ahajournals.org/doi/full/10.1161/CIR.0b013e318235eb4d">https://www.ahajournals.org/doi/full/10.1161/CIR.0b013e318235eb4d</a>                             | Dec-2024              |
|                                             | 2019 AHA/ACCF Guideline on the Primary Prevention of Cardiovascular Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. (Correction 2019; 140:e649-e650, Correction 2020; 141:e60, Correction 2020; 141:e774) | American Heart Association (AHA) and American College of Cardiology Foundation (ACC)                         | <a href="https://www.ahajournals.org/doi/10.1161/CIR.0000000000000678">https://www.ahajournals.org/doi/10.1161/CIR.0000000000000678</a>                                       | Dec-2024              |
| <b>Critical Care</b>                        | Surviving Sepsis Campaign: International Guidelines for Management of Severe Sepsis and Septic Shock: 2016. (2017)                                                                                                                                                                       | Society of Critical Care Medicine and European Society of Intensive Care Medicine.                           | <a href="https://pubmed.ncbi.nlm.nih.gov/28101605/">https://pubmed.ncbi.nlm.nih.gov/28101605/</a>                                                                             | Dec-2024              |
| <b>Diabetes</b>                             | American Association of Clinical Endocrinology Consensus Statement: Comprehensive Type 2 Diabetes Management Algorithm. (2023 Update)                                                                                                                                                    | American Association of Clinical Endocrinologists and American College of Endocrinology                      | <a href="https://www.endocrinepractice.org/article/showPdf?pii=S1530-891X%2823%2900034-4">https://www.endocrinepractice.org/article/showPdf?pii=S1530-891X%2823%2900034-4</a> | Dec-2024              |

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|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
|                                             | The American Diabetes Association Releases Standards of Care in Diabetes—2025. (2024)                                                                                                              | American Diabetes Association (ADA)                                                                                                                                 | <a href="https://diabetes.org/newsroom/press-releases/american-diabetes-association-releases-standards-care-diabetes-2025">https://diabetes.org/newsroom/press-releases/american-diabetes-association-releases-standards-care-diabetes-2025</a> | Dec-2024              |
| <b>Frailty and Special Populations</b>      | American Geriatrics Society 2023 Updated AGS Beers Criteria® for Potentially Inappropriate Medication Use in Older Adults.                                                                         | American Geriatrics Society (AGS)                                                                                                                                   | <a href="https://agsjournals.onlinelibrary.wiley.com/doi/epdf/10.1111/jgs.18372">https://agsjournals.onlinelibrary.wiley.com/doi/epdf/10.1111/jgs.18372</a>                                                                                     | Dec-2024              |
|                                             | Managing Medicines for Adults Receiving Social Care in the Community. (2017)                                                                                                                       | National Institute for Health and Care Excellence (NICE)                                                                                                            | <a href="https://www.nice.org.uk/guidance/ng67">https://www.nice.org.uk/guidance/ng67</a>                                                                                                                                                       | Dec-2024              |
| <b>General Evidence Based Medicine</b>      | Choosing Wisely                                                                                                                                                                                    | Choosing Wisely; American Board of Internal Medicine Foundation                                                                                                     | <a href="https://www.choosingwisely.org/">https://www.choosingwisely.org/</a>                                                                                                                                                                   | Dec-2024              |
| <b>Heart Failure</b>                        | 2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. (2022) | American College of Cardiology (ACC) Foundation, American Heart Association (AHA) Task Force on Practice Guidelines and the Heart Failure Society of America (HFSA) | <a href="https://www.ahajournals.org/doi/10.1161/CIR.0000000000001063">https://www.ahajournals.org/doi/10.1161/CIR.0000000000001063</a>                                                                                                         | Dec-2024              |
| <b>Hemophilia</b>                           | NHF-McMaster Guideline on Care Models for Hemophilia Management. (2016)                                                                                                                            | National Hemophilia Foundation (NHF)                                                                                                                                | <a href="https://onlinelibrary.wiley.com/doi/full/10.1111/hae.13008">https://onlinelibrary.wiley.com/doi/full/10.1111/hae.13008</a>                                                                                                             | Dec-2024              |

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|---------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
| <b>HIV/AIDS</b>                             | Human Immunodeficiency Virus (HIV) Infection: Screening. (2019). (2024 Update in progress)                                                                                    | United States Preventive Services Task Force (USPSTF)      | <a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/human-immunodeficiency-virus-hiv-infection-screening">https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/human-immunodeficiency-virus-hiv-infection-screening</a>                                                           | Dec-2024              |
|                                             | Prevention of Acquisition of HIV: Preexposure Prophylaxis. (2023)                                                                                                             | United States Preventive Services Task Force (USPSTF)      | <a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/prevention-of-human-immunodeficiency-virus-hiv-infection-pre-exposure-prophylaxis">https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/prevention-of-human-immunodeficiency-virus-hiv-infection-pre-exposure-prophylaxis</a> | Dec-2024              |
|                                             | Routine Human Immunodeficiency Virus Screening. (2014). Reaffirmed 2024.                                                                                                      | American College of Obstetricians and Gynecologists (ACOG) | <a href="https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2014/05/routine-human-immunodeficiency-virus-screening">https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2014/05/routine-human-immunodeficiency-virus-screening</a>                                         | Dec-2024              |
|                                             | Recommendations for the Use of Antiretroviral Drugs in Pregnant Women with HIV Infection and Interventions to Reduce Perinatal HIV Transmission in the United States. (2025). | National Institutes of Health (NIH)                        | <a href="https://clinicalinfo.hiv.gov/en/guidelines/perinatal/whats-new-guidelines">https://clinicalinfo.hiv.gov/en/guidelines/perinatal/whats-new-guidelines</a>                                                                                                                                                         | Jun-2025              |
|                                             | Diagnosis and Management of Acute HIV Infection. (2024).                                                                                                                      | AIDS Institute                                             | <a href="https://www.hivguidelines.org/hiv-testing-acute-infection/acute-hiv/">https://www.hivguidelines.org/hiv-testing-acute-infection/acute-hiv/</a>                                                                                                                                                                   | Dec-2024              |
| <b>Hyperlipidemia</b>                       | Lipid Management in Adults (February 2017)                                                                                                                                    | Institute for Clinical Systems Improvement (ICSI)          | <a href="https://www.icsi.org/guideline/lipid-management/">https://www.icsi.org/guideline/lipid-management/</a>                                                                                                                                                                                                           | Dec-2024              |

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|---------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
|                                             | 2018<br>AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. (2018)                                     | American College of Cardiology (ACC), American Heart Association (AHA) Task Force on Practice Guidelines | <a href="https://www.jacc.org/doi/10.1016/j.jacc.2018.11.003?_ga=1*zv2kwr*_ga*ODI2NTQzOTk4LjE3NTM5OTgyMTE.*_ga_2V8VW4Y237*czE3NTM5OTgyMTAKbzEkZzEkdDE3NTM5OTk1MDQkajQyJGwWJGgw">https://www.jacc.org/doi/10.1016/j.jacc.2018.11.003?_ga=1*zv2kwr*_ga*ODI2NTQzOTk4LjE3NTM5OTgyMTE.*_ga_2V8VW4Y237*czE3NTM5OTgyMTAKbzEkZzEkdDE3NTM5OTk1MDQkajQyJGwWJGgw</a> | Dec-2024              |
| <b>Hypertension</b>                         | 2017<br>ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults; A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines | Journal of the American College of Cardiology (ACC)                                                      | <a href="http://www.onlinejacc.org/content/71/19/e127.full.pdf?_ga=2.193364781.1266825403.1554128597-1581546980.1542635095">http://www.onlinejacc.org/content/71/19/e127.full.pdf?_ga=2.193364781.1266825403.1554128597-1581546980.1542635095</a>                                                                                                         | Dec-2024              |
| <b>Immunizations</b>                        | Recommended adult immunization schedule for ages 19 years and older, United States 2025                                                                                                                                                                                            | Advisory Committee on Immunization Practices (ACIP)                                                      | <a href="https://www.cdc.gov/vaccines/hcp/imz-schedules/downloads/adult/adult-combined-schedule.pdf">https://www.cdc.gov/vaccines/hcp/imz-schedules/downloads/adult/adult-combined-schedule.pdf</a>                                                                                                                                                       | Jul-2025              |
|                                             | Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the ACIP — United States, 2024–25 Influenza Season                                                                                                                                                  | Advisory Committee on Immunization Practices (ACIP)                                                      | <a href="#">Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the Advisory Committee on Immunization Practices — United States, 2024–25 Influenza Season   MMWR</a>                                                                                                                                                          | Dec-2024              |

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| <b>Long-Term Care</b>                       | Transitions of Care in the Long-Term Care Continuum Clinical Practice Guidelines 2010                       | American Medical Directors Association                   | <a href="https://qioprogram.org/sites/default/files/Transitions_of_Care_in_LT_C.pdf">https://qioprogram.org/sites/default/files/Transitions_of_Care_in_LT_C.pdf</a>                                                                             | Dec-2024              |
| <b>Opioids for Chronic Pain</b>             | CDC Guideline for Prescribing Opioids for Chronic Pain – United States, 2022                                | Centers for Disease Control and Prevention (CDC)         | <a href="#">CDC Clinical Practice Guideline for Prescribing Opioids for Pain — United States, 2022   MMWR</a>                                                                                                                                   | Dec-2024              |
| <b>Osteoporosis</b>                         | Clinical Practice Guidelines for the Diagnosis and Treatment of Postmenopausal Osteoporosis. (2020 Update). | American Association of Clinical Endocrinologists (AACE) | <a href="https://pro.aace.com/disease-state-resources/bone-and-parathyroid/clinical-practice-guidelines/clinical-practice">https://pro.aace.com/disease-state-resources/bone-and-parathyroid/clinical-practice-guidelines/clinical-practice</a> | Dec-2024              |
|                                             | Osteoporosis Treatment: Updated Guidelines From ACOG. (2023)                                                | American Academy of Family Physicians (AAFP)             | <a href="#">Osteoporosis Treatment: Updated Guidelines From ACOG   AAFP</a>                                                                                                                                                                     | Dec-2024              |
| <b>Palliative Care</b>                      | Palliative Care for Adults. (Revised: January 2020/Sixth edition).                                          | Institute for Clinical Systems Improvement (ICSI)        | <a href="https://www.icsi.org/guideline/palliative-care/">https://www.icsi.org/guideline/palliative-care/</a>                                                                                                                                   | Dec-2024              |
| <b>Perinatal Care</b>                       | AFP by Topic: Prenatal (Publication dates vary)                                                             | American Academy of Family Physicians (AAFP)             | <a href="https://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=25">https://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=25</a>                                                                             | Dec-2024              |

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|                                             | AFP by Topic: Labor, Delivery, and Post-Partum Issues (Publication dates vary)<br>ACOG by Topic: Prenatal Care (Publication dates vary)                                                                             | American College of Obstetricians and Gynecologists (ACOG) | <a href="https://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=16">https://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=16</a><br>Available online for ACOG members only.<br><a href="https://www.acog.org/search#q=Guidelines%20for%20Perinatal%20Care&amp;sort=relevance">https://www.acog.org/search#q=Guidelines%20for%20Perinatal%20Care&amp;sort=relevance</a> | Dec-2024              |
| <b>Pneumonia</b>                            | Management of Adults With Hospital-acquired and Ventilator-associated Pneumonia: 2016 Clinical Practice Guidelines by the Infectious Diseases Society of America and the American Thoracic Society. (Updated 2018). | Infectious Diseases Society of America (IDSA)              | <a href="https://www.thoracic.org/statements/resources/tb-opi/hap-vap-guidelines-2016.pdf">https://www.thoracic.org/statements/resources/tb-opi/hap-vap-guidelines-2016.pdf</a>                                                                                                                                                                                                                           | Dec-2024              |
| <b>Respiratory Illness</b>                  | Adult and Pediatric treatment recommendations. (Adult reviewed Sep. 2024, Pediatric Dec. 2023).                                                                                                                     | Centers for Disease Control and Prevention (CDC)           | <a href="https://search.cdc.gov/search/?query=pneumoniaAdult%20and%20Pediatric%20treatment%20recommendations&amp;dpage=1">https://search.cdc.gov/search/?query=pneumoniaAdult%20and%20Pediatric%20treatment%20recommendations&amp;dpage=1</a>                                                                                                                                                             | Dec-2024              |
|                                             | AFP by Topic: Respiratory Tract Infections (Publication dates vary)                                                                                                                                                 | American Academy of Family Physicians (AAFP)               | <a href="http://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=29">http://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=29</a>                                                                                                                                                                                                                                         | Dec-2024              |
|                                             | AARC Evidence-Based Clinical Practice Guidelines (Publication dates vary)                                                                                                                                           | American Association for Respiratory Care (AARC)           | <a href="https://www.aarc.org/resource/clinical-practice-guidelines/">https://www.aarc.org/resource/clinical-practice-guidelines/</a>                                                                                                                                                                                                                                                                     | Jul-2025              |
|                                             | Diagnosis and Treatment of Respiratory Illness in Children and Adults. (Updated September 2017)                                                                                                                     | Institute for Clinical Systems Improvement (ICSI)          | <a href="https://www.icsi.org/guideline/respiratory-illness/">https://www.icsi.org/guideline/respiratory-illness/</a>                                                                                                                                                                                                                                                                                     | Dec-2024              |

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|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
| <b>Rheumatoid Arthritis</b>                 | 2021 American College of Rheumatology Guideline for the Treatment of Rheumatoid Arthritis                            | American College of Rheumatology (ACR)                     | <a href="https://assets.contentstack.io/v3/assets/bltee37abb6b278ab2c/blt9e44ccb701e1918c/63360f6775c0be225b8d943a/ra-guideline-2021.pdf">https://assets.contentstack.io/v3/assets/bltee37abb6b278ab2c/blt9e44ccb701e1918c/63360f6775c0be225b8d943a/ra-guideline-2021.pdf</a>                     | Dec-2024              |
| <b>Sepsis</b>                               | The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3). (2016)                         | American Medical Association                               | <a href="https://jamanetwork.com/journals/jama/fullarticle/2492881">https://jamanetwork.com/journals/jama/fullarticle/2492881</a>                                                                                                                                                                 | Dec-2024              |
| <b>Sickle Cell</b>                          | Sickle Cell Disease, Sickle Cell Data Collection (SCDC) Program. (2024)                                              | Centers for Disease Control and Prevention (CDC)           | <a href="https://www.cdc.gov/sickle-cell/scdc/index.html">https://www.cdc.gov/sickle-cell/scdc/index.html</a>                                                                                                                                                                                     | Dec-2024              |
|                                             | American Society of Hematology 2020 guidelines for sickle cell disease: management of acute and chronic pain         | American Society of Hematology (ASH)                       | <a href="https://doi.org/10.1182/bloodadvances.2020001851">https://doi.org/10.1182/bloodadvances.2020001851</a>                                                                                                                                                                                   | Dec-2024              |
| <b>Tobacco Cessation</b>                    | Tobacco and Nicotine Cessation During Pregnancy. (Reaffirmed 2023)                                                   | American College of Obstetricians and Gynecologists (ACOG) | <a href="https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy">https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy</a>               | Dec-2024              |
|                                             | Smoking and Tobacco Use Cessation                                                                                    | Centers for Disease Control and Prevention (CDC)           | <a href="https://www.cdc.gov/tobacco/php/tobacco-control-programs/guidelines-and-resources.html">https://www.cdc.gov/tobacco/php/tobacco-control-programs/guidelines-and-resources.html</a>                                                                                                       | Dec-2024              |
|                                             | Interventions for Tobacco Smoking Cessation in Adults, Including Pregnant Persons. (2021). (2025 Update in progress) | United Preventive Services Task Force (USPSTF)             | <a href="https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/tobacco-use-in-adults-and-pregnant-women-counseling-and-interventions">https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/tobacco-use-in-adults-and-pregnant-women-counseling-and-interventions</a> | Mar-2025              |



| <i>Physical Health Conditions/ Diseases</i> | <i>Guideline Title</i>                                                                                      | <i>Recognized Source</i>                                                                                              | <i>URL</i>                                                                                                                                                                        | <i>Review/ Update</i> |
|---------------------------------------------|-------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
| <b>Traumatic Brain Injury (TBI)</b>         | Management and Rehabilitation of Post-Acute Mild Traumatic Brain Injury (mTBI). (2021)                      | United States Department of Veteran Affairs (VA) and the Department of Defense (DoD)                                  | <a href="https://www.healthquality.va.gov/guidelines/Rehab/mtbi/">https://www.healthquality.va.gov/guidelines/Rehab/mtbi/</a>                                                     | Dec-2024              |
| <b>Weight management</b>                    | Adult Weight Management (AWM) Guideline (2021-22). (2022)                                                   | Academy of Nutrition and Dietetics                                                                                    | <a href="https://www.andeal.org/topic.cfm?menu=5276&amp;cat=6109">https://www.andeal.org/topic.cfm?menu=5276&amp;cat=6109</a>                                                     | Dec-2024              |
|                                             | Managing Overweight and Obesity in Adults: Systematic Evidence Review from the Obesity Expert Panel. (2013) | U.S. Department of Health and Human Services, National Institute of Health, National Heart, Lung, and Blood Institute | <a href="http://www.nhlbi.nih.gov/health-pro/guidelines/in-develop/obesity-evidence-review">http://www.nhlbi.nih.gov/health-pro/guidelines/in-develop/obesity-evidence-review</a> | Dec-2024              |